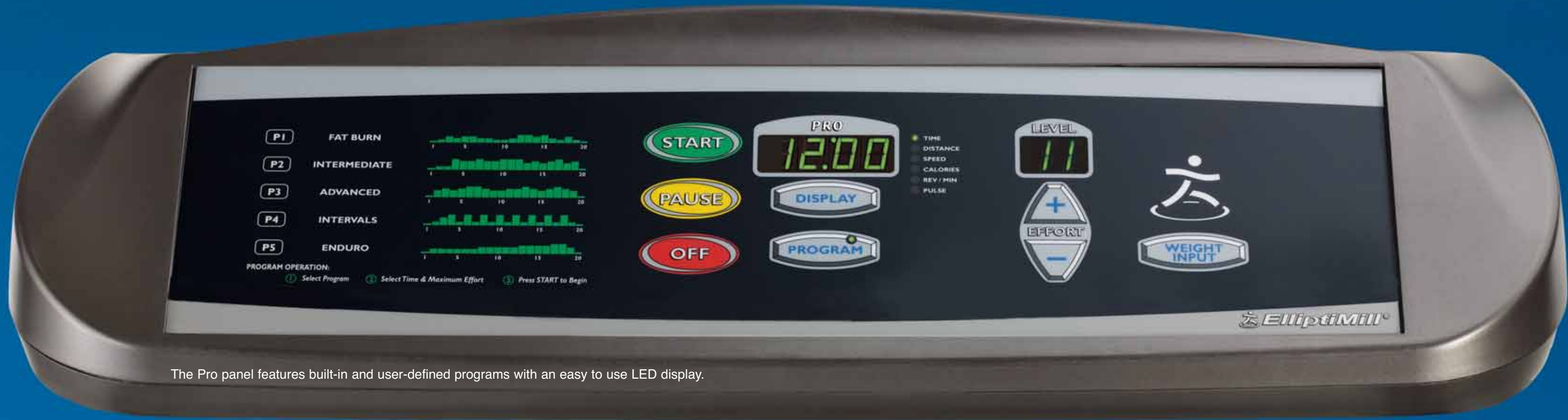


Pro Control Panel



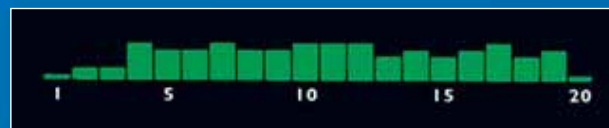
Metabolic Equivalent
 An advanced algorithm calculates your metabolic-equivalent-speed based on your effort level and pedal speed. If you can exercise at a metabolic-equivalent-speed of 12 MPH on an ElliptiMill, it means you are capable of running 12 MPH outside.



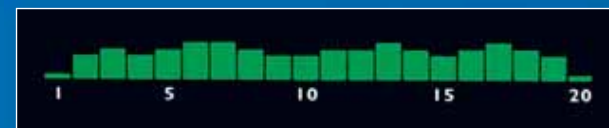
The Pro panel features built-in and user-defined programs with an easy to use LED display.

- Displays metabolic equivalent speed and distance
- Statistics display shows Time, Distance, Speed, Calories, Rev/Min and Pulse
- 5 Built-in programs with variable time and 20 effort levels
- 2 User-defined programs
- Displays data in English or metric configurations
- Standard wireless-chest-strap heart-rate monitoring system
- Standard AccuTrack contact heart-rate monitoring system

INTERMEDIATE



ADVANCED



INTERVALS



ENDURO

