

LANDICE

HOME BIKES

RELIABILITY & PERFORMANCE

THE NEW
LANDICE
STANDARD

No matter what your riding preference may be, our step-through R7 recumbent and U7 upright bikes provide the style and durability found in all Landice equipment and sets the new standard for bikes. Aesthetically designed and self-powered, these machines will complement your home and enhance your workout.

RESIDENTIAL WARRANTY

Lifetime parts
1-year labor





THE NEW STANDARD

Complete with comfort, conveniences and innovation, the R7 and U7 series represent the new standard in reliability and performance from a name you can trust - Landice.

To review additional bike options, please visit us at www.landice.com.

	R7	U7
Frame Type	Step-through recumbent with low step-over height	Upright
Pedal Type	Self-balanced pedals with adjustable straps	Self-balanced pedals with adjustable straps
Seat Adjustment	Forward/backwards with 15 settings	Up/down with 12 settings
Flywheel Weight	15 lbs.	15 lbs.
Resistance System	Eddy current magnetic braking system	Eddy current magnetic braking system
Resistance Range	1-20	1-20
Handlebar	Console grip bars, seat grips with contact heart-rate monitoring and resistance controls	Racing style handlebars with contact heart-rate and resistance controls
Display	LED with multiple feedback windows	LED with multiple feedback windows
Heart Rate	Contact heart rate for heart rate control/ wireless chest-strap (optional)	Contact heart rate for heart rate control/ wireless chest-strap (optional)
Accessories	Water bottle holder, reading rack, accessory pocket	Water bottle holder, reading rack, accessory pocket
Cooling Fan	3 speeds	3 speeds
Electrical Requirement	Self-powered	Self-powered
Transport Wheels	Yes	Yes
Levelers	Yes	Yes
Assembled Weight	205 lbs.	159 lbs.
Dimensions	65.74" L x 25.31" W x 52.20" H	44.56" L x 24.72" W x 58.11" H
Max User Weight	350 lbs.	350 lbs.

LIFETIME WARRANTY

We are so confident in the workmanship and quality of our commercial-grade bikes that we offer a lifetime parts and a 1-year labor warranty when placed in a residential setting. High-wear items such as pedal straps carry a 90-day warranty against defects in material and workmanship.

PROGRAMS

8 Built-in programs (time, distance, calories, fat burn, interval, hills, mountain, road course)
2 Heart Rate programs (heart rate, interval)
5 User programs

WORKOUT FEEDBACK

Speed, Distance, Calories, Cal/Hour, RPM, Resistance, Watts, Time, METS, Heart Rate, Target Heart Rate, Time in Heart-Rate Zone

