

INTERNATIONAL SPORTS/PHYSICAL THERAPY & REHABILITATION

REHABILITATION TREADMILLS - ELLIPTICALS - BIKES



The Landice line of rehabilitation products provides the very best in functional usage and reliability. From reversing treadmills to low-impact ellipticals and easy-to-start self-powered bikes, Landice fitness equipment provides the perfect tools to assist a wide variety of patients in their recovery and rehabilitation.

REHABILITATION EQUIPMENT

L7 / L8 Rehab Treadmills

E9 Elliptical

R9 / U9 Recumbent & Upright Bikes

THE ROAD TO RECOVERY STARTS HERE

L7 & L8 REHAB TREADMILLS

Made with the finest materials, the L7 and L8 Rehabilitation Treadmills provide the best and safest support for all your rehabilitative programs. With a low step-up height, zero starting speed, 300 micro-amp isolation leakage kit and extended parallel medical handrails, these treadmills are ideal for any physical therapy and sports conditioning center. A number of unique options are also available, such as a reversing treadbelt for downhill walking, 100 micro-amp hospital isolation leakage kit, and an orthopedic suspension system. For a complete list of options please visit us at www.landice.com.

TREADMILL FRAME COMPARISON

Solid aluminum construction – rust free and durable

	L8	L7
User Capacity	226.8 kgs. (500 lbs.)	181.44 kgs. (400lbs.)
Equipment Weight	136.08 kgs. (300 lbs.)	154.22 kgs. (340 lbs.)
Dimensions	88.90 cm x 210.82 cm x 156.21 cm (35" W x 83" L x 61.5" H)	88.90 cm x 193.04 cm x 152.40 cm (35" W x 76" L x 60" H)
Running Surface	55.88 cm x 160.02 cm (22" W x 63" L)	50.8 cm x 147.32 cm (20" W x 58" L)
Power	110 VAC, 60Hz, 15A 220 VAC, 60Hz, 15A (optional)	110 VAC, 60Hz, 15A 220 VAC, 60Hz, 15A (optional)
Rollers	8.89 cm (3 1/2") - 9.98 kgs. (22 lbs.)	6.35 cm 6.35 kgs. (2 1/2" 14 lbs.)
Step-up Height	19.05 cm (7 1/2")	13.97 cm (5 1/2")
Speed	0.16 kph - 19.31 kph (0.1 to 12 mph)	0.16 kph - 19.31 kph (0.1 to 12 mph)
Incline	0% to 15%	0% to 15%
Drive System	4 HP Continuous Duty Motor	4 HP Continuous Duty Motor
Deck	2.54 cm (1") - Reversible	2.54 cm (1") - Reversible
Control Panel	Rehabilitation	Rehabilitation
Heart Rate	Interactive Contact Heart Rate	Interactive Contact Heart Rate
Warranty*	5-year parts, 2-year console, 2-year wear items	5-year parts, 2-year console, 2-year wear items

*Treadmills are covered by the LTD warranty which offers coverage for usage of less than 5 hours per day.



Landice engineers, assembles and tests the finest specialty fitness equipment on the market and is one of the only manufacturers to do so in the USA. Landice has been recognized repeatedly by leading consumer rating publications as having the world's finest treadmills and ellipticals.

COMFORTABLE AND SAFE REHAB

BIKE SPECIFICATIONS

	R9	U9
Frame Type	Step-through recumbent with low step-over height	Upright
Pedal Type	Self-balanced pedals with adjustable straps	Self-balanced pedals with adjustable straps
Seat Adjustment	Forward/backwards with 15 settings	Up/down with 12 settings
Flywheel Weight	6.8 kgs. (15 lbs.)	6.8 kgs. (15 lbs.)
Resistance System	Eddy current magnetic braking system	Eddy current magnetic braking system
Resistance Range	1-20	1-20
Handlebar	Console grip bars, seat grips with contact heart-rate monitoring and resistance controls	Racing style handlebars with contact heart-rate monitoring and resistance controls
Control Panels	Cardio: 22.86 cm (9") color LCD Landice Achieve: 22.86 cm (9") color LCD with capacitive touch buttons	Cardio: 22.86 cm (9") color LCD Landice Achieve: 22.86 cm (9") color LCD with capacitive touch buttons
Heart Rate	Contact heart rate for heart rate control/wireless chest-strap (optional)	Contact heart rate for heart rate control/wireless chest-strap (optional)
Accessories	Water bottle holder, accessory pocket	Water bottle holder, accessory pocket
Electrical Requirement	Self-powered	Self-powered
Transport Wheels	Yes	Yes
Levelers	Yes	Yes
Assembled Weight	92.9 kgs. (205 lbs.)	72.1 kgs. (159 lbs.)
Dimensions	166.98 cm x 64.28 cm x 132.58 cm (65.74" L x 25.31" W x 52.20" H)	113.18 cm x 62.78 cm x 147.59 cm (44.56" L x 24.72" W x 58.11" H)
Max User Weight	158.75 kgs. (350 lbs.)	158.75 kgs. (350 lbs.)
Bluetooth	Yes (see website for details)	Yes (see website for details)
Warranty*	5-year parts, 2-year console, 2-year wear items	5-year parts, 2-year console, 2-year wear items

*Bikes are covered by the Club warranty which offers coverage for usage of more than 5-hours per day.

R9 / U9 BIKES

The Landice R9 & U9 bikes offer a comfortable and safe rehabilitation option. The wide step-through design on the R9 allows for easy access along with superior back support. The U9 offers well-cushioned seating with adjustable height levels to support a personalized lower-body rehabilitation regimen.



NATURAL BIOMECHANICS – LOW IMPACT

Patients at any athletic level from beginner to professional will find physical benefits and rehabilitative functionality on a Landice.

The E9 offers one of the only fitness units that enables both upper and lower body exercise capabilities. Patients can stand upright on the frame's stationary footpads and perform an isolated workout to strengthen the upper body. This back-and-forth motion is considered a preferable position as opposed to a seated rotational movement.

For the lower body, the center-drive technology replicates the biomechanics of walking or running. The E9 provides a low impact alternative to treadmills.

The elliptical also features an accessible, safe, stable and patient-friendly exercise platform. Users can easily grab the side rails, step-up and safely start a workout. The pedals will move only when the patient engages the upper body handrails and/or foot pedals.



E9 ELLIPTICAL FEATURES

	LANDICE ACHIEVE	CARDIO
Control Panels	22.86 cm (9") color LCD with capacitive touch buttons	22.86 cm (9") color LCD
Programs	8 Built-in programs, 6 User-defined programs, 3 Goal programs, 2 Interactive HRC Built-in programs, 4 Interactive HRC User programs, 3 Fitness tests, 2 HIIT programs	5 Built-in programs, 5 User-defined programs, 3 Goal programs, 2 Interactive HRC Built-in programs, 2 Interactive HRC User programs, 3 Fitness tests
Keypad	Numeric keypad for quick data entry	Numeric keypad for quick data entry
Heart Rate	Interactive contact heart rate	Interactive contact heart rate
Resistance Levels	1-20	1-20
User Capacity	226.79 kgs. (500 lbs.)	226.79 kgs. (500 lbs.)
Active Footprint	88.9 cm x 193.04 cm x 170.18 cm (35" W x 76" L x 67" H)	88.9 cm x 193.04 cm x 170.18 cm (35" W x 76" L x 67" H)
Physical Footprint	88.9 cm x 172.72 cm x 170.18 cm (35" W x 68" L x 67" H)	88.9 cm x 172.72 cm x 170.18 cm (35" W x 68" L x 67" H)
Power	110 VAC, 60Hz, 15A 220 VAC, 60Hz, 15A (optional)	110 VAC, 60Hz, 15A 220 VAC, 60Hz, 15A (optional)
Handrails	5.08 cm (2") Medical-Grade Side Rails	5.08 cm (2") Medical-Grade Side Rails
Stride Length	Fixed 55.34 cm (21") stride	Fixed 55.34 cm (21") stride
Drive System	Center Drive	Center Drive
Flywheel	27.94 cm (11") diameter, 9.07 kgs. (20 lbs.)	27.94 cm (11") diameter, 9.07 kgs. (20 lbs.)
Pedals	5.08 cm (2") Spacing with Orthopedic Gel Inserts	5.08 cm (2") Spacing with Orthopedic Gel Inserts
Bluetooth	Yes (see website for details)	Yes (see website for details)
Warranty*	5-year parts, 2-year console, 2-year wear items	5-year parts, 2-year console, 2-year wear items

*Ellipticals are covered by the Club warranty which offers coverage for usage of more than 5-hours per day.

Visit us at www.landice.com for additional options and complete warranty information.